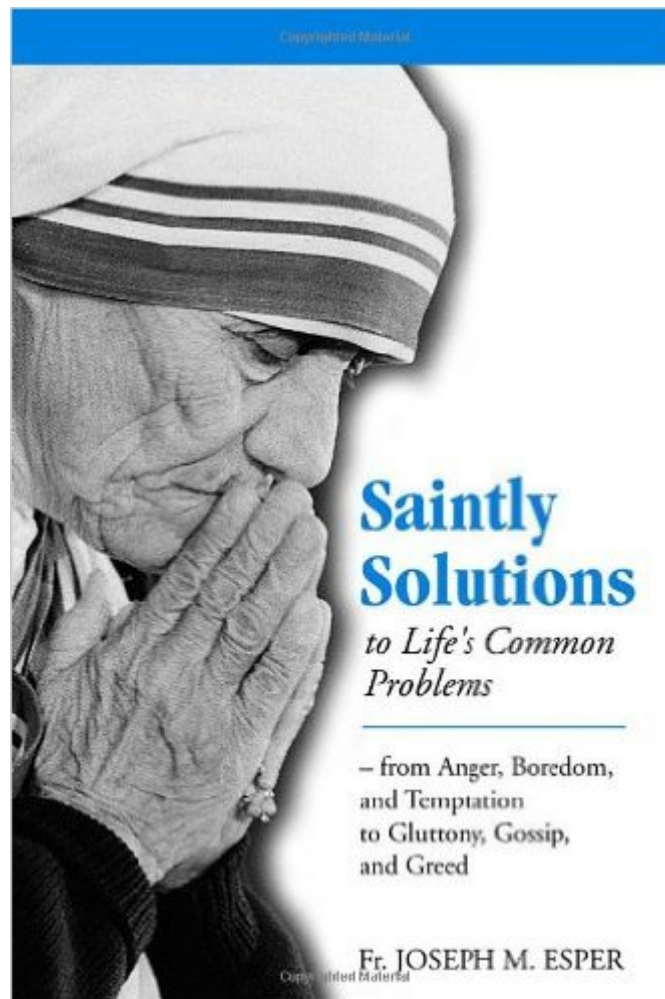


The book was found

Saintly Solutions To Life's Common Problems: From Anger, Boredom, And Temptation To Gluttony, Gossip, And Greed



Synopsis

Whatever you're struggling with, you're not alone: there's a saint who is not only praying for you before the throne of God, but who went through the same thing you're going through. In *Saintly Solutions*, Fr. Joseph Esper introduces you to over 350 saints who suffered in ways that you and I suffer every day, and who will bring you, too, to peace! Fr. Esper considers over forty of life's common problems, showing how saints overcame these challenges and difficulties, and even grew holier as they did so. Better yet, he explains how you can, too. In each chapter, Fr. Esper includes thought-provoking quotes from saints for further reflection, a practical section entitled *Something you might try*, and solid recommendations for further reading. That makes *Saintly Solutions* immensely valuable for everyone who struggles with life's common problems and wants to face them with the unquenchable joy of the saints!

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Customer Reviews

I started reading it at a time when I knew there were serious flaws in my attitude, only I couldn't figure out exactly why, or what to do about them. I'm also poor at reading the Bible and other spiritual books. This book was exactly what I needed! Each day I would read about the worst problem I was having (starting with IRRITATION!), and the stories about the saints who faced those same problems were outstanding. It helped me immensely. The list of problems covered is also very well thought out and realistic. I hope to progress to reading books written by the saints, but reading Fr. Esper's excerpts was much easier for me at this time. One of the things I love most about this book is Fr. Esper's selection of topics: anger, depression, unpopularity, gluttony, and so many more

... how amazing to find a book with topics I can relate to so well! Some of my favorites thus far have been "irritations" and "gloominess." Lastly, I'm amazed that Fr. Esper is sufficiently acquainted with such a wide number of saints as to be able to quote so many of them on each of these somewhat obscure topics. What a treasure trove of education and inspiration! This has truly helped me more than years of therapy!

This is a fantastic book! Whatever problem you are struggling with, you will find an answer and help here. And if you just enjoy reading about the Saints, you will find this book excellent for that as well. Fr. Esper takes many different common problems and then shares which Saints also struggled with these problems or sins. He shares how they overcame the problem, and what other Saints also may have had to say. He shares relevant scripture and quotes from the Saints. He then provides an extremely helpful section called "What you might try" that offers concrete suggestions for conquering sin and dealing with problems in a holy manner. This is a very complete and inspiring volume. I can't recommend it highly enough - it is wonderful!

I found Saintly Solutions to be a wonderful way to find out what the Saints did to handle life's tough situations. Their model is put in a readable & fun format. At the end of each chapter (temptation) are resources for prayer, more quotes by Saints & ideas to overcome temptation. I've found this book a great resource & comfort for myself & in teaching teens in my parish.

This is a wonderful format for looking at the lives of Saints. This book shows how the saints have conquered problems that we all have to face. I highly recommend this book.

After 1 day with this book, I decided to order more copies as Christmas gifts. I'm a slow reader. This is very well written---can pick particular things on which to focus---quick read; humorous information about how various saints handles same problem; includes suggested further on reading and also portions of the Bible that address same issue. Everyone who is not perfect should pick up a copy. You'll love it.

I'm just breaking this one open and loving it. Who better to seek advice from in dealing with life's day to day struggles than the great ones who've gone before us. Small chapters dealing with sins great and small. Just like having a big brother or sister you look up to and ask advice from.

This is an important book on my bookshelf. So often we all buy books and read them, or read in them, and they go on the shelf never to come down. Even great books that I really liked I rarely read twice. This book is an exception. It is a book that I go to often when dealing with common problems and adversities. You can look up difficulties by topic, things such as anger, or failure, or greed etc. etc. You look up the topic and a story of saint is shared. Wise advice and even prayers are given based on the Saint's life to help one through whatever difficulty one is facing. This book comes off the shelf once a month or so, and every time I find pearls of wisdom. What a great book!

Unlike a disappointed reader, I found the references to lesser known saints ideal ways for getting to know them. Throughout the book, the examples of how saints have overcome the same temptations we all have in our lives are instructive and prompt us to pray fervently and count on their intercession. One minor flaw is that, on page 38, the now Saint (then Blessed) Gianna Beretta Molla is identified as being Brazilian, when it is well known that this formidable mother who gave her own life to bring her pregnancy to fruition was born and lived in Northern Italy. (It is true, though, that saints are citizens of heaven, with the consequence that their earthly passport does not count for much!)

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